

# MERCURE BLACKBURN DUNKENHALGH HOTEL & SPA HEALTH & FITNESS CLUB

Nestled within a 700-year-old listed country house, the Health & Fitness Club blends historic charm with modern wellness. Operated by Spa Naturel Fitness, the club offers an elevated experience in a picturesque setting.

The spa has also been awarded a prestigious 5 Bubble Spa rating by the Good Spa Guide.



## OUR FACILITIES

### Fitness & Gym

- Fully equipped gym
- Freestyle training area
- Fitness studio



### Pool & Thermal Facilities

- 12m indoor swimming pool
- Whirlpool
- Sauna
- Laconicum
- Aroma grotto
- Vapour steam room



### Spa Facilities

- 8 treatment rooms
- Relaxation areas
- Wide selection of treatments (*massage, facials, body treatments, etc.*)



## OPENING HOURS

### Health Club (Gym & Pool)

- Monday–Friday: 06:30 – 22:00
- Saturday & Sunday: 07:30 – 20:00

### Spa Treatments

- Daily: 10:00 – 18:00
- Final entry for treatments is 1 hour before closing.



Blackburn Road Clayton Le Moors  
Lancashire, BB5 5JP, UK

MERCURE  
HOTEL

BLACKBURN DUNKENHALGH



## MEMBERSHIP OPTIONS

- Single Membership
- Joint Membership (discounted rate for couples)
- Senior Membership
- Child Membership
- Corporate Membership
- Student Membership
- Off-Peak Membership (Mon–Fri, 08:30–17:00)

*For all membership enquiries, contact the club directly.*



01254 303408



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